



WELEDA

## Weleda: The Boutique & Spa

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Palisades, NY 10964  
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Hours:  
Mon - Fri: 10 am to 6 pm  
Sat: 10 am to 5 pm  
Evenings by appointment

### The Weleda Signature

Weleda has developed the purest body care formulations and holistic, homeopathic and anthroposophic medicines for 90 years — in harmony with nature and the human being.

Since 1921, Weleda has adhered to its original quality standards, using biodynamic and organic ingredients to create its unique preparations. Through Weleda's biodynamic gardens — the largest in Europe — and the initiation of Fair Trade partnerships throughout the world, Weleda upholds its core philosophy of global sustainability and unites health and wellness on all levels.

All formulations are free of synthetic preservatives, fragrances, colorants and parabens. Ingredients and finished products are never tested on animals.

### Weleda: The Spa

Nature and the human being meet in Weleda.

The life forces of pure botanicals are vibrant with vital, healing properties.

At Weleda: The Spa, we blend the purest formulations and premier therapeutic facial and massage services to provide you with whole body regeneration.

All of our signature treatments warmly draw you away from the busy world into a space devoted to your personal care.

As your body and mind are calmed, we welcome you to share your thoughts and needs with us. Your esthetician and/or massage therapist will customize your service and offer home care recommendations.

We invite you to experience Weleda: The Spa.

### Weleda: The Boutique

Before or after your spa treatment, explore Weleda's full line of organic facial care and body care products, as well as anthroposophic and homeopathic remedies.

Weleda's flagship boutique and spa are located within "Yonderhill," a 19th-century Greek Revival building. Over the years, this historical landmark has evolved from a church to a silent movie house to an antique center and, finally, to what is now Weleda: The Boutique & Spa.

This center is also home to Weleda's compounding pharmacy and Weleda's North American headquarters.

### Scheduling An Appointment

When scheduling your appointment, we do ask for a credit card or cash prepayment to hold your reservation. Your payment will not be processed until time of service (please see our cancellation policy).

Please visit Weleda, call us at 845.510.5562 or email us at spa@weleda.com to schedule a spa appointment.

### Check-In

Please arrive 5-10 minutes prior to your appointment to allow for time to relax and to complete a short form for your spa records.

### Gratuities

At your discretion, your esthetician or massage therapist will graciously accept gratuities.

### Cancellation Courtesy

When scheduling your appointment, we do ask for a credit card or cash prepayment to hold your reservation. In the event that you must cancel your spa appointment, we kindly request at least 24 hours advanced notice. If less than 24 hours notice is given, you will be charged a 50% fee of your scheduled services.

### Gift Certificates

Gift certificates are available for purchase and applicable toward both spa services and store merchandise. We are also happy to help select and custom gift-wrap according to your gift-giving needs.

### A Gift to You

20% off all product purchases  
in conjunction with a spa service\*

\* This offer is valid only on the same day that spa services have been received. Applicable toward the purchase of all Weleda Body Care & OTC Medicines, exclusively at Weleda: The Boutique & Spa. Offer does not apply toward the purchase of gift certificates, spa services or in conjunction with any other promotional offer. Non-transferable. No cash value.



The Spa

In harmony with nature and the human being

Since 1921

# Facials

## Facials

Nourish and awaken your skin and senses with Weleda's natural and holistic approach to skincare.

**Weleda Signature Facial includes:**

- relaxing footbath\*
- deep cleanse
- purifying steam
- extractions\*\*
- custom-blended facial masque
- soothing eye treatment
- décolleté massage

**Soft compresses blended with aromatic bath milks warm and soothe the face and encourage exfoliation. A therapeutic arm-and-leg treatment and gentle, rhythmic massage of the face, neck and shoulders help to improve circulation and relieve stress.**

*\* Footbath will be provided during the 90-minute session.*

*\*\* All elements of your facial, including the use of steam, are adapted according to your skin's needs and sensitivities. Extractions will be performed as needed.*

## Weleda Signature Facial Treatment

**For women** - Customized to a woman's specific skin care needs.

Weleda has developed the Regenerating Facial for all ages and skin conditions to support the skin throughout the changing seasons of life. Your treatment will be customized to your individual needs using Weleda's three facial care lines:

<b>Almond Soothing Facial Care</b>	Restores balance for sensitive skin
<b>Iris Hydrating Facial Care</b>	Preserves moisture balance
<b>Wild Rose Smoothing Facial Care</b>	Softens fine lines
<b>Pomegranate Firming Facial Care</b>	Regenerates aging skin

- 60 min - \$95
- 75 min - \$110
- 90 min - \$130

## Weleda Signature Facial Treatment

**For men** - Customized to a man's unique skin care needs.

Our Almond and Iris Facial Care lines form the foundation of your regenerating treatment. Your esthetician will also draw from the full Weleda line, including Men's Smooth Shave Toner, After Shave Balm and Moisture Cream for Men to keep a man's skin looking refined and feeling healthy.

A pre-shave prior to the men's facial is recommended, but not a requirement.

- 60 min - \$95
- 75 min - \$110
- 90 min - \$130

# Massage

## Massage

Rejuvenate your whole body through the healing touch of Weleda's massage.

The Weleda Signature massage begins with a relaxing footbath. Your customized massage treatment blends therapeutic Weleda oils, lotions and creams to hydrate and soothe your skin. Designed to address a variety of physical, chemical and emotional stress factors, our massage treatments work with your body's natural processes to enhance your overall health.

## Therapeutic Massage

Traditional therapeutic massage of the muscles and soft tissues using flowing, gentle strokes.

Weleda Arnica Massage Oil, combined with a custom selection of Weleda oils, lotions, and creams, ease tense and tired muscles and relieve tension resulting from physical stress and fatigue.

- 60 min - \$95
- 75 min - \$110
- 90 min - \$150

## Weleda Signature Wellness Treatment

Relax, indulge and rejuvenate. The Weleda Signature Wellness treatment begins with a relaxing footbath, which warmly draws you away from the busy world into a space devoted to your personal care. The two-hour treatment includes a customized facial and massage.

- 120 min - \$190



# Mother

## Mother Wellness

Comfort and enhance well-being of mother during this special time. Weleda Mother treatments are designed to address the changing physical needs of pregnancy and post-pregnancy. Weleda Pregnancy Body Oil, combined with a custom selection of soothing and harmonizing Weleda oils, lotions and creams, hydrate and relax from head to toe.

## Pregnancy Massage

**For prenatal care**

An expectant mother's changing needs are addressed with nurturing massage. Hormonal changes resulting in muscle pain, breast tenderness and developing stretch marks are soothed.

Our prenatal massage expert will ensure that your individual needs and comfort are given special attention and care.

- 60 min - \$95
- 75 min - \$110
- 90 min - \$130

## Post-natal Massage

**For post-natal care**

This massage provides nurturance and emotional support as well as alleviates the muscle aches from the strain of labor and childbirth. It promotes reduction of fluid retention, aches in specific areas like the neck, shoulders and hips; helps the uterus return to original Postsize and tones up the body.

- 75 min - \$110
- 90 min - \$130

